

Backpacking Checklist for Everyone

Everyone		
Packed?	Keep everything as light as possible. Try for 25 lbs total WITH water.	Notes
	Backpack	
	Sleeping bag	
	Sleeping pad	
	Stove - light, like a PocketRocket	Share with one or more people - don't buy: ask
	Fuel - small cannister	Share with one or more people - don't buy: ask
	Pot - small, light	Share with one or more people - don't buy: ask
	Cup	
	Spoon	
	Matches	
	Knife	
	Sunblock	Share with one or more people
	Small bottle of bug goop	Share with one or more people
	1st aid kit	
	Stuff for chafing	It is better to prevent chafing than to try and treat once you have it!
	Toothbrush	
	Toothpaste	Share with one or more people
	Flashlight	Remember to put in new batteries if you need them
	Warm lightweight shirt	
	Lightweight rain jacket or poncho	
	Pants with zip-off leggings	Scout pants work fine OR wear lightweight shorts to hike and lightweight long pants for evenings. Long pants provide modest protection against cold, bug bites and scratches.
	Wicking t-shirt	Wear it
	Windshirt	Lightweight layers help when it's cold/windy
	Beanie	Bring if you get cold at night
	Wide-brimmed hat	Wear it
	Socks / Socks with liners x 2	Wear one pair, pack one pair. Socks with liners / dual-layer socks prevent blisters.
	Wading shoes - river mud can gunk up your expensive boots - if you are doing river crossings	Sandals with heel straps or old tennis shoes will work fine - make sure the shoes aren't too small or way too loose!
	Hiking boots	You'll want these!
	Underwear x 2	Wear one, pack one
	Small number of wet wipes in ziploc	So you don't stink that bad
	Tent	Share with someone, or you can use a tarp and rope for rain protection if you want.
	Water bottles	4 x 1 liter bottles or equivalent (1 GALLON) for each 24 hours unless refills (with filtering and purification) are absolutely assured.
Food to bring backpacking		
	Quick, eat-as-you hike breakfasts - one for each breakfast	Suggestions: Pop Tarts, apples, Cliff Bars, PowerBars
	Easy, no-cook lunch - one for each lunch	Suggestions: orange, raisins, PB&J or tuna/chicken lunch-to-go type packets, salami
	Dehydrated backpack meal - one for each dinner	One of these is usually enough for 1.5 people
	Snacks for each day hiking	Trail mix, pretzels, Cheezits, jerky, M&Ms - whatever

Backpacking Checklist for Everyone

	\$10 for fast food lunches	
	"Garbage Bag" Gallon Size Ziploc bag - label with your name	
	"Edibles" Gallon Size Ziploc bag - label with your name	
Things to leave in the car...		
	Clothes to leave in the car	If you like being presentable on the trip home, this may make sense to you. Optional.
	Scout handbook	Important for scouts who do not yet have 1st class rank; Leave in car while on backpack portion of trip.
	Whatever else you bring...	Pack it in, pack it out!

Adults		
Packed?	Item	Notes
	Tour permit	IMPORTANT - MUST HAVE
	Medical forms	IMPORTANT - MUST HAVE
	Trowel and necessary papers	
	Extra ziploc bags and Sharpie markers	
	Philmont-style bear bags, rope, carabiners	If practicing for Philmont
	Extra stoves, fuel and pots	If practicing for Philmont
	Basin and soap for washing pots, bowls, spoons	If practicing for Philmont
	Philmont style dinner (s)	If practicing for Philmont
	Philmont dining fly	If practicing for Philmont
	Hiking poles	
	Water filtration gear	
	Water purification tablets	
	Extra water bags / jugs	In case people show up with not enough water
	Moleskin	
	Necker/ACE bandage	Useful for sprained ankles
	Wilderness 1st Aid kit	
	Lanterns and fuel	For non-hike day(s)
	Pretzels for extra snacks	To hold people until food stop after hiking
	Cameras	
	Car Trip Maps	
	Topo Maps	
	GPS	Optional but useful
	Cell phones and car chargers if you have them	